

1 אמר ריש לקיש ארבעה דברים העושה אותן דמו בראשו ומתחייב בנפשו - Reish Lakish lists four activities that make somebody so susceptible to being hurt by שדים that it is like taking his life into his own hands: -1- הנפנה בין דקל - לכותל - One who blocks the only path in a space smaller than four אמות, by going to the bathroom between a palm tree and a wall. -2- והעובר בין שני דקלים - One who walks between two palm trees when there is no public road that goes in between those trees. -3- השותה מים שאולין - One who drinks water that a קטן borrowed in a field. Other beverages don't carry the same risk. -4- והעובר על מים שפוכין - One who passes over spilled water in a place with lots of sorcery, or in a place that does not have lots of sorcery but the water never had dirt or saliva put into it, never had the sun or sixty steps pass over it, and the person is barefoot and not on a donkey.

1 אמר ריש לקיש
ארבעה דברים העושה אותן
דמו בראשו ומתחייב בנפשו

4 והעובר על מים שפוכין	3 השותה מים שאולין	2 והעובר בין שני דקלים	1 הנפנה בין דקל לכותל
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2 תנו רבנן שלשה אין מומצעין ולא מתמצעין - The ברייתא identifies three things - a dog, a palm tree and a woman - that a man should not pass between or cause them to pass between him and somebody else. Other תנאים say the same is true of a pig and a snake. פסוקים אמוראים have suggested to recite if somebody violates this advice.

2 תנו רבנן
שלשה אין מומצעין ולא מתמצעין
Other תנאים say...

1 A dog	2 A palm tree	3 A woman	4 A pig	5 A snake
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A man should not pass between them...

פסוקים אמוראים suggested certain if somebody violates this

3 In particular, having a נדה walk between two men, if at the beginning of her cycle one will die, and if at the end of her cycle they will get into a fight, unless they remedy it by saying a given פסוק.

3 **נדה between 2 men**

<i>If beginning of her cycle</i>	<i>If at the end of her cycle</i>
Will die	Will fight

Unless they remedy it by saying a given פסוק

4 If a person notices two women on opposite sides of a road facing each other they are probably practicing כישוף, and he should either take another path, walk through while holding a friend's hand, or say a certain incantation.

4 *If two women...
facing each other...
they are probably
practicing כישוף*

Take another path Hold a friend's hand Say a certain incantation

5 If a man meets a woman when she is on the way out of a מקוה, whichever one has marital relations first will be possessed by a spirit of immorality unless they say a certain incantation.

5 *If a man meets a woman
on the way out of a מקוה
whichever one has
marital relations first
will be possessed by a
spirit of immorality
Unless they say a
certain incantation*

6 The גמרא moves on to discuss the danger of sleeping in different types of shade frequented by demons or evil spirits: אמר רבי יצחק מאי דכתיב גם כי אלך בגיא צלמות לא אירא רע - When the פסוק says that a person walking in the valley of death will not be afraid because Hashem is with him, it refers to somebody who sleeps in the shade of a lone palm tree in a field that is not covered in the shadow of any other palm tree, or a lone palm tree in a חצר even if the shade of another palm tree touches it, or the shade of the moon at the end of the month when the moon is in the east and its shade is in the west.

6 **אמר רבי יצחק מאי דכתיב**
גם כי אלך בגיא צלמות
לא אירא רע כי אתה עמדי
It refers to
Somebody who sleeps in the
shade of a lone palm tree
Or
A lone palm tree in a חצר even if the
shade of another palm tree touches it
Or
*The shade of the moon...
when the moon is in the east*



7 Once we are discussing palm trees the גמרא points out the dangers in going to the bathroom by the stump of a palm tree, leaning your head on the stump, and stepping over a fallen palm tree without putting his foot on the tree. חמשה טולי הוי - there are five types of shade where demons can be found, particularly trees that have lots of branches or wood that can hurt a person. ארבה רב would stay away from the shade of all trees.

7

חמשה טולי הוי
There are 5 types of shade where demons can be found
ארבה רב would stay away from the shade of all trees

8 The Gemara identifies the names of demons that are found in different places, and the nature of certain demons in order to aid in writing an amulet that will effectively ward off the demons. The Gemara also tells a few stories to illustrate how important this information can be.

8

**בי פרחי רוחי
 דבי זרדתא שידא
 דבי איגרי רישפי**
The Gemara identifies the names of demons that are found

9 The דף concludes with examples of things that are dangerous to do because they can cause blindness, poverty or anxiety: אמר רב יוסף הני תלת מילי יהיב ארבונא לנהורא - Three activities can cause a person to go blind:
 --- One who combs his hair when it's dry -
 --- Drinks from the last drips of a wine barrel -
 --- Or puts on his shoes when his feet are wet.

9

**Things that cause
 BLINDNESS, POVERTY, ANXIETY**

**אמר רב יוסף
 הני תלת מילי
 יהיב ארבונא לנהורא**

1	2	3
<i>One who combs his hair when it's dry</i>	<i>Drinks from the last drips of a wine barrel</i>	<i>Puts on his shoes when his feet are wet</i>

11 Several things can make a person poor:
 --- Hanging bread in a basket in mid-air in the house, (but hanging meat is okay),
 --- And having bran or bread scraps in a house.

11

Several things can make a person POOR:

1	2
<i>Hanging bread in a basket in mid-air</i>	<i>Having bran or bread scraps in a house</i>



12 Drinking water from plates can cause eye disease but the following several activities can cause varying amounts of anxiety:

- eating cress,
 - bloodletting,
 - getting a haircut or cutting fingernails without washing one's hands afterwards,
 - putting one's hands on the upper lip.
- Putting one's hands on the forehead will make one tired.

12

Several activities can cause varying amounts of **ANXIETY:**

1

Eating cress

2

Bloodletting

3

getting a haircut & not washing afterwards

4

Putting one's hands on the upper lip